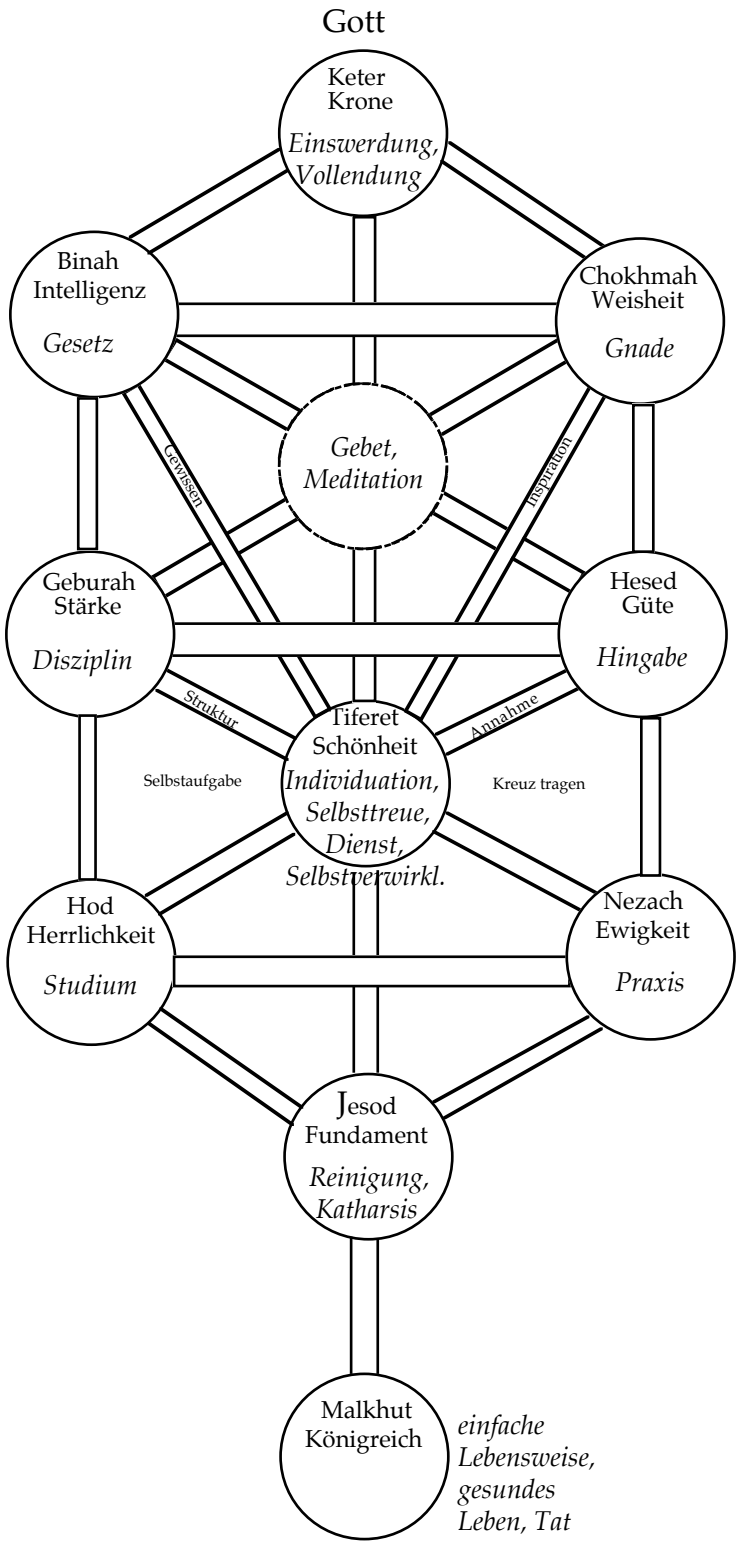Die 10 Grundsteine unseres inneren Weges anhand des Lebensbaumes